

2003 Women's Outdoor Track and Field - Individual Results

100 Meter Dash

Round 1, Heat 1

1	Angie Pfeiffer, Fr, Concordia	12.38Q
2	Heidi Vogel, Sr, St. Thomas	12.65q
3	Sarah Nezworksi, So, St. Benedict	12.95q
4	Maggie Stolp, Jr, Gustavus Adolphus	13.11
5	Kristina Granger, Fr, St. Benedict	13.31
6	Rebecca Peterson, Jr, St. Olaf	13.34
7	Delinda Tamagni, Sr, St. Catherine	13.65
8	Ciara Legato, So, Gustavus Adolphus	14.14

Round 1, Heat 2

1	Alana Carter, Fr, Augsburg	12.45Q
2	Kelli Tranby, Concordia	12.74q
3	Blythe Bittman, Fr, Gustavus Adolphus	12.79q
4	Melissa Mueller, Fr, St. Olaf	13.06
5	Patti Clintsman, Fr, St. Benedict	13.10
6	Molly Bauman, Fr, St. Thomas	13.17
7	Becky Asp, Sr, Bethel	13.38
8	Andretta Colley, So, St. Thomas	13.40

Round 1, Heat 3

1	Tonnisha Bell, Fr, Augsburg	12.50Q
2	Jill Ylonen, Sr, St. Thomas	12.67q
3	Bethany Keene, Fr, St. Benedict	13.07
4	Heidi Pearson, Fr, St. Catherine	13.17
5	Karolien Bastiaens, Jr, St. Thomas	13.25
6	Shanelle Lee, Jr, Bethel	13.54
7	Elizabeth Ghandour, Fr, St. Olaf	13.72
8	Sarah Saari, Fr, St. Catherine	17.35

Final

1	Tonnisha Bell, Fr, Augsburg	12.29	NCAA provisional
			Christenson track record
2	Angie Pfeiffer, Fr, Concordia	12.30	NCAA provisional
			Ties old Christenson track record
3	Heidi Vogel, Sr, St. Thomas	12.50	
4	Jill Ylonen, Sr, St. Thomas	12.54	
5	Alana Carter, Fr, Augsburg	12.60	
6	Kelli Tranby, Concordia	12.72	
7	Sarah Nezworksi, So, St. Benedict	12.86	
8	Blythe Bittman, Fr, Gustavus Adolphus	12.91	

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200 Meter Dash

Round 1, Heat 1

1	Tonnisha Bell, Fr, Augsburg	25.42Q
2	Elizabeth Durney, Sr, Macalester	26.31q
3	Jill Ylonen, Sr, St. Thomas	26.31q
4	Kari Rosenfeldt, Sr, Concordia	26.36q
5	Bethany Keene, Fr, St. Benedict	26.93
6	Heidi Pearson, Fr, St. Catherine	27.32
7	Heidi Haagenson, Fr, St. Benedict	27.96
8	Shanelle Lee, Jr, Bethel	29.53

Round 1, Heat 2

1	Angie Pfeiffer, Fr, Concordia	25.52Q
2	Alana Carter, Fr, Augsburg	26.19q
3	Rebecca Peterson, Jr, St. Olaf	26.68
4	Maggie Stolp, Jr, Gustavus Adolphus	26.91
5	Kim Swanson, Jr, Gustavus Adolphus	26.92
6	Melissa Mueller, Fr, St. Olaf	27.14
7	Sarah Nezworksi, So, St. Benedict	27.31
8	Emily Tollefson, So, Concordia	27.98

Round 1, Heat 3

1 Heidi Vogel, Sr, St. Thomas	25.69Q
2 Blythe Bittman, Fr, Gustavus Adolphus	25.99q
3 Jenny Bruns, Sr, St. Benedict	26.44
4 Patti Clintzman, Fr, St. Benedict	26.97
5 Alysia Wolff, So, St. Thomas	27.35
6 Katie Joyce, Sr, St. Thomas	27.36
7 Ellen Graef, Jr, Gustavus Adolphus	27.40
7 Kelli Tranby, Concordia	27.40

Final

1 Heidi Vogel, Sr, St. Thomas	25.51
2 Angie Pfeiffer, Fr, Concordia	25.63
3 Jill Ylonen, Sr, St. Thomas	25.83
4 Elizabeth Durney, Sr, Macalester	26.31
5 Blythe Bittman, Fr, Gustavus Adolphus	26.42
6 Alana Carter, Fr, Augsburg	26.61
7 Kari Rosenfeldt, Sr, Concordia	27.36

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400 Meter Dash

Round 1, Heat 1

1 Kim Swanson, Jr, Gustavus Adolphus	59.50Q
2 Kari Rosenfeldt, Sr, Concordia	60.28q
3 Ashley Dingels, So, Saint Mary's	60.41q
4 Kristina Justiniano, Sr, Augsburg	62.01q
5 Katherine Vogel, So, Hamline	63.33
6 Danielle Slack, Jr, Augsburg	63.59
7 Tiffany Trost, So, St. Benedict	64.90
8 Kay Yien, Fr, St. Olaf	67.69

Round 1, Heat 2

1 Jenny Bruns, Sr, St. Benedict	60.76Q
2 Alysia Wolff, So, St. Thomas	61.17q
3 Mary McKee, So, St. Thomas	61.78q
4 Hannah Dietrich, So, Augsburg	62.88
5 Ciara Legato, So, Gustavus Adolphus	63.85
6 April Henderson, Jr, St. Benedict	64.57
7 Kaaren Sowles, So, Bethel	65.45
8 Kelly Baustien, Fr, St. Olaf	66.59

Round 1, Heat 3

1 Mollie Hupp, Fr, St. Thomas	58.18Q
2 Katie Joyce, Sr, St. Thomas	62.20
3 Anna Beich, Fr, Bethel	62.77
4 Kristin Herman, Fr, Bethel	63.46
5 Laura Widen, Jr, St. Catherine	64.30
6 Abby Love, Jr, St. Olaf	65.17
7 Jenna Barke, Fr, St. Olaf	66.38

Final

1 Mollie Hupp, Fr, St. Thomas	58.43
2 Ashley Dingels, So, Saint Mary's	59.76
3 Jenny Bruns, Sr, St. Benedict	59.90
4 Kim Swanson, Jr, Gustavus Adolphus	60.80
5 Mary McKee, So, St. Thomas	61.64
6 Kristina Justiniano, Sr, Augsburg	62.24
7 Alysia Wolff, So, St. Thomas	62.43
8 Kari Rosenfeldt, Sr, Concordia	64.28

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800 Meter Run

Round 1, Heat 1

1 Teresa Smock, Jr, St. Thomas	2:19.31Q
2 Tish Dusich, Sr, St. Thomas	2:19.45Q
3 Corrin Hoffman, Jr, Hamline	2:19.66q
4 Marit Grorud, Jr, St. Olaf	2:19.78q
5 Katie Aubrecht, Fr, St. Benedict	2:19.91q

6 Elizabeth Cassel, Sr, Carleton 2:21.67
7 Melanie Priebe, Fr, St. Catherine

2:23.85

8 Jenna Barke, Fr, St. Olaf 2:28.74

Round 1, Heat 2

1 Megan Daymont, Sr, St. Olaf 2:19.06Q

2 Emily Koller, Sr, Macalester 2:19.76Q

3 Claire Shapleigh, Fr, Carleton 2:19.96q

4 Emily Liddiard, So, St. Catherine

2:20.14

5 Natalie Hanson, Fr, Concordia 2:20.78

6 Ellen Waldow, Fr, Augsburg 2:22.16

7 Carrie Fransen, So, Concordia 2:22.21

8 Rachel Luhrs, Fr, Bethel 2:28.69

Final

1 Megan Daymont, Sr, St. Olaf 2:16.98

2 Teresa Smock, Jr, St. Thomas 2:17.86

3 Emily Koller, Sr, Macalester 2:20.02

4 Claire Shapleigh, Fr, Carleton 2:22.01

5 Katie Aubrecht, Fr, St. Benedict

2:23.17

6 Marit Grorud, Jr, St. Olaf 2:24.74

7 Corrin Hoffman, Jr, Hamline 2:25.20

8 Tish Dusich, Sr, St. Thomas 2:25.75

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1500 Meter Run

Round 1, Heat 1

1 Megan Daymont, Sr, St. Olaf 4:48.02Q

2 Lisa Owen, Jr, Concordia 4:52.64Q

3 Koby Hagen, Fr, Macalester 4:53.06Q

4 Brigid Power, So, St. Thomas 4:53.19Q

5 Anna Gunderson, So, St. Benedict

4:54.90q

6 Rachel Luhrs, Fr, Bethel 4:55.65q

7 Keidra Anderson, Fr, Hamline 4:57.13

8 Cindy Blendermann, Jr, St. Benedict

4:59.97

9 Angela Bergeson, Fr, Augsburg 5:01.60

10 Anah Huggenvik, Jr, Gustavus Adolphus

5:02.14

11 Alaina Eckhoff, Jr, Hamline 5:04.12

12 Louise Miltich, So, Carleton 5:09.06

13 Annie Mills, Fr, Carleton 5:18.59

Round 1, Heat 2

1 Laura Bloedorn, Sr, Carleton 4:54.09Q

2 Carrie Fransen, So, Concordia 4:54.12Q

3 Kari Koos, Fr, St. Olaf 4:54.22Q

4 Emily Koller, Sr, Macalester 4:54.26Q

5 Larisa Nordstrom, Fr, St. Olaf 4:55.46q

6 Ellen Koranda, Fr, Saint Mary's 4:56.18q

7 Jen Skalko, Jr, Gustavus Adolphus

4:59.30

8 Erin Bengtson, Fr, St. Olaf 5:04.41

9 Laura hudson, So, Carleton 5:05.39

10 Emily Page, Sr, Carleton 5:05.96

11 Kjersten Johnson, Jr, St. Olaf 5:12.14

12 Anna Gordon, Fr, Macalester 5:14.70

13 Mary Krusen, Fr, St. Olaf 5:21.51

14 Diana Ostrowski, Fr, St. Olaf 5:25.16

Final

1 Megan Daymont, Sr, St. Olaf 4:44.06

2 Emily Koller, Sr, Macalester 4:48.65

3 Brigid Power, So, St. Thomas 4:49.16

4 Laura Bloedorn, Sr, Carleton 4:49.43

5 Koby Hagen, Fr, Macalester 4:50.52

6 Kari Koos, Fr, St. Olaf 4:53.23

7 Anna Gunderson, So, St. Benedict

4:54.22

8 Ellen Koranda, Fr, Saint Mary's 4:55.40

9 Lisa Owen, Jr, Concordia 4:56.46

10 Larisa Nordstrom, Fr, St. Olaf 4:58.94

11 Carrie Fransen, So, Concordia 4:58.97
12 Rachel Luhrs, Fr, Bethel 5:01.10

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5000 Meter Run

1 Laura Bloedorn, Sr, Carleton 18:15.10
2 Nichole Petersen, So, Gustavus Adolphus
18:18.80
3 Leah Wurm, Fr, St. Benedict 18:27.36
4 Lindsay Boetcher, Fr, St. Olaf 18:31.13
5 Andrea Grunst, Jr, Carleton 18:35.71
6 Melissa Grunst, Jr, Carleton 18:35.74
7 Nicole Gurgel, So, St. Thomas 18:53.89
8 Chelsea Guettinger, Fr, St. Thomas
18:55.48
9 Beth Magnuson, So, St. Thomas 18:56.84
10 Francie Streich, Fr, Macalester
19:03.55
11 Alison Traffanstedt, Jr, Carleton
19:08.00
12 Meredith Fahrner, So, St. Olaf 19:17.96
13 Caroline Barnes, Fr, Macalester
19:18.80
14 Emily Page, Sr, Carleton 19:19.79
15 Kristine Hup, Sr, St. Olaf 19:22.25
16 Mo Mullikin, Jr, Macalester 19:24.36
17 Ashley Bean, So, St. Benedict 19:34.34
18 Maria Witham, Fr, St. Benedict 19:37.86
19 Emily cook, Fr, St. Benedict 19:42.75
20 Marnie Christensen, Sr, Macalester
19:47.36
21 Sarah Anderson, Fr, St. Olaf 19:52.12
22 Stacy Decker, So, Gustavus Adolphus
20:08.44
23 Jackie Brenberg, Jr, St. Thomas
20:22.34
24 Mary Krusen, Fr, St. Olaf 20:28.21
25 Abby Campbell, Fr, St. Benedict
20:30.24
26 Jamie Watson, Fr, St. Benedict 20:30.41
27 Emily Judd, Jr, Concordia 20:31.12
28 Erin Anderson, So, Concordia 20:37.36
29 Maureen Ringlein, So, St. Benedict
20:43.27
30 Elizabeth Ball, So, St. Olaf 20:57.19

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10000 Meter Run

1 Laura Bloedorn, Sr, Carleton 37:27.44
NCAA provisional
2 Nichole Petersen, So, Gustavus Adolphus
37:43.94
NCAA provisional
3 Melissa Grunst, Jr, Carleton 38:43.37
4 Andrea Grunst, Jr, Carleton 38:43.62
5 Nicole Gurgel, So, St. Thomas 39:34.61
6 Beth Magnuson, So, St. Thomas 39:35.21
7 Marnie Christensen, Sr, Macalester
39:50.42
8 Alison Traffanstedt, Jr, Carleton
40:19.38
9 Liz Sorenson, Sr, Concordia 40:34.00
10 Kristine Hup, Sr, St. Olaf 40:42.84
11 Erin Anderson, So, Concordia 40:46.93
12 Ashley Bean, So, St. Benedict 40:50.88
13 Meredith Fahrner, So, St. Olaf 40:53.78
14 Maureen Ringlein, So, St. Benedict
40:59.57
15 Britt Carlson, Jr, St. Olaf 41:26.03
16 April Graves, So, St. Olaf 41:27.08
17 Emily Judd, Jr, Concordia 41:28.35

18 Natalie Stork, So, St. Thomas 43:26.37
19 Marian Studer, So, St. Benedict
44:03.64

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100 Meter Hurdles

Round 1, Heat 1

1 Kim Davis, Sr, Carleton 15.19Q
2 Emily Tollefson, So, Concordia 15.74q
3 Ali Cordie, So, Gustavus Adolphus 15.84q
4 Nicole Plante, So, Concordia 15.88q
5 Autumn Valk, Fr, Saint Mary's 16.41
6 Trish Steele, So, Bethel 16.81
7 Megan Mason, Fr, Saint Mary's 16.86

Round 1, Heat 2

1 Jenny Folgers, So, Saint Mary's 15.39Q
2 Rebecca Peterson, Jr, St. Olaf 15.99
3 Renee Splichal, Jr, Concordia 16.42
4 Ashley Dingels, So, Saint Mary's 16.61
5 Tarah Maatz, Jr, Concordia 16.68
6 Cori Quade, Sr, St. Catherine 17.38
7 Audrey Joslin, Fr, Gustavus Adolphus
17.41
8 Juliet Nguyen, Fr, St. Benedict 19.02

Round 1, Heat 3

1 Molly Miller, Sr, St. Benedict 15.55Q
2 Kirsten Fristad, So, Macalester 15.73q
3 Stacy Heiling, Sr, Hamline 15.95q
4 Anne Sikorra, Sr, St. Catherine 16.36
5 Caitlin Coomes, So, Carleton 17.07
6 Johanna Shreve, So, Macalester 17.30
7 Leah Heglund, Fr, Concordia 17.31
8 Mahlia Nguyen, Fr, St. Benedict 19.61

Final

1 Kim Davis, Sr, Carleton 14.95
NCAA provisional
2 Jenny Folgers, So, Saint Mary's 15.22
3 Kirsten Fristad, So, Macalester 15.33
4 Molly Miller, Sr, St. Benedict 15.76
5 Nicole Plante, So, Concordia 15.87
6 Emily Tollefson, So, Concordia 15.95
7 Ali Cordie, So, Gustavus Adolphus 16.41
8 Stacy Heiling, Sr, Hamline 16.65

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400 Meter Hurdles

Round 1, Heat 1

1 Ali Cordie, So, Gustavus Adolphus 67.73Q
2 Autumn Valk, Fr, Saint Mary's 68.98
3 Jess Miller, So, Bethel 69.50
4 Delinda Tamagni, Sr, St. Catherine
69.76
5 Emily Ament, Jr, Hamline 70.05
6 Erin Lowe, Fr, St. Olaf 75.49
7 Molly Bauman, Fr, St. Thomas 77.74

Round 1, Heat 2

1 Kit Neubauer, Sr, St. Benedict 65.43Q
2 Kristi Colbenson, So, Carleton 65.61q
3 Becca Trombly, Fr, St. Olaf 67.10q
4 Jenny Folgers, So, Saint Mary's 68.08q
5 Audrey Joslin, Fr, Gustavus Adolphus
70.40
6 Meghan Orgeman, Fr, St. Benedict 70.98

Round 1, Heat 3

1 Kirsten Fristad, So, Macalester 66.78Q
2 Jill Ament, Jr, St. Catherine 67.51q
3 Alicia Wakefield, Sr, Bethel 67.91q
4 Caitlin Coomes, So, Carleton 69.31
5 Nicole Plante, So, Concordia 69.49
6 Erin Oberton, Fr, St. Benedict 70.95
7 Amy Benz, Fr, Saint Mary's 81.17

Final

1	Kirsten Fristad, So, Macalester	63.76
	NCAA provisional	
2	Kit Neubauer, Sr, St. Benedict	65.04
3	Kristi Colbenson, So, Carleton	65.41
4	Jill Ament, Jr, St. Catherine	66.48
5	Becca Trombly, Fr, St. Olaf	66.50
6	Ali Cordie, So, Gustavus Adolphus	66.53
7	Alicia Wakefield, Sr, Bethel	67.17
8	Jenny Folgers, So, Saint Mary's	67.76

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3000m Steeplechase

1	Megan Rose, So, St. Benedict	11:39.14
2	Cassie Funke, So, Carleton	11:44.77
3	Kezia Manlove, Fr, St. Olaf	11:46.59
4	Liz Sorenson, Sr, Concordia	11:50.51
5	Lisa Owen, Jr, Concordia	11:51.41
6	Renee Schaefer, Jr, Macalester	11:51.41
7	Tish Dusich, Sr, St. Thomas	11:56.86
8	Julie Miller, So, Concordia	11:59.60
9	Jen St. John, So, Concordia	12:03.05
10	Amy Lehmeier, So, St. Benedict	12:19.55
11	Sarah Estill, Fr, St. Olaf	12:21.87
12	Tasha Pike, So, Gustavus Adolphus	12:28.00
13	Britt Carlson, Jr, St. Olaf	12:31.58
14	Alana Lucio, Jr, St. Thomas	12:33.28
15	April Graves, So, St. Olaf	12:33.36
16	Anne Blair, Fr, Macalester	12:44.16
17	Rebecca Welle, So, Augsburg	12:51.55

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4x100 Meter Relay

Round 1, Heat 1

1	Gustavus Adolphus (Ellen Graef, Kim Swanson, Blythe Bittman, Maggie Stolp)	50.39Q
2	St. Benedict (Patti Clintsman, Molly Miller, Bethany Keene, Jenny Bruns)	50.42q
3	St. Catherine (Delinda Tamagni, Laura Widen, Heidi Pearson, Anne Sikorra)	51.47q
4	St. Olaf (Elizabeth Ghandour, Rebecca Peterson, Melissa Botzet, Melissa Mueller)	51.54q
5	Augsburg, Augsburg	51.81
6	Bethel, Bethel	53.49

Round 1, Heat 2

1	St. Thomas (Karolien Bastiaens, Heidi Vogel, Alysia Wolff, Jill Ylonen)	48.88Q
	NCAA provisional	
2	Concordia (Kari Rosenfeldt, Annie Knierim, Kelli Tranby, Angie Pfeiffer)	49.16q
	NCAA provisional	
3	Macalester (Johanna Shreve, Kirsten Fristad, Elizabeth Durney, Melenie Roberts)	51.46q
4	Saint Mary's (Autumn Valk, Ashley Dingels, Jenny Folgers, Ashley Luehmann)	51.74
4	Hamline (Stacy Heiling, Danille St. Louis, Ali Taylor, Christine Walsten)	51.74q

Final

1	St. Thomas (Karolien Bastiaens, Heidi Vogel, Alysia Wolff, Jill Ylonen)	48.90
	NCAA provisional	
2	St. Benedict (Patti Clintsman, Sarah	

Nezworksi, Bethany Keene, Jenny Bruns) 49.41

3 Concordia (Kari Rosenfeldt, Annie Knierim, Kelli Tranby, Angie Pfeiffer) 49.68

4 Gustavus Adolphus (Ellen Graef, Kim Swanson, Blythe Bittman, Maggie Stolp) 50.00

5 Macalester (Johanna Shreve, Kirsten Fristad, Elizabeth Durney, Melenie Roberts) 50.71

6 St. Catherine (Delinda Tamagni, Laura Widen, Heidi Pearson, Anne Sikorra) 51.22

7 Hamline (Stacy Heiling, Danille St. Louis, Ali Taylor, Christine Walsten) 51.81

8 St. Olaf (Elizabeth Ghandour, Rebecca Peterson, Melissa Botzet, Melissa Mueller) 51.85

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4x400 Meter Relay

1 St. Thomas, St. Thomas 4:01.79 H2

2 St. Benedict (Bethany Keene, Jenny Bruns, Patti Clintsman, Kit Neubauer) 4:03.25 H2

3 St. Olaf (Becca Trombly, Megan Daymont, Kari Koos, Marit Grorud) 4:04.70 H2

4 St. Catherine (Jill Ament, Anne Sikorra, Laura Widen, Emily Liddiard) 4:08.25 H2

5 Bethel (Kristin Herman, Trish Steele, Alicia Wakefield, Anna Beich) 4:08.90 H2

6 Gustavus Adolphus (Ali Cordie, Ciara Legato, Blythe Bittman, Kim Swanson) 4:09.09 H2

7 Macalester (Kirsten Fristad, Elizabeth Durney, Koby Hagen, Emily Koller) 4:09.24 H1

8 Concordia (Angie Pfeiffer, Kristine Jensen, Natalie Hanson, Nicole Plante) 4:09.69 H2

9 Carleton (Kim Davis, Elizabeth Cassel, Claire Shapleigh, Kristi Colbenson) 4:09.74 H2

10 Augsburg, Augsburg 4:14.41 H1

11 Saint Mary's (Autumn Valk, Ashley Dingels, Jenny Folgers, Ellen Koranda) 4:14.89 H1

12 Hamline (Ali Taylor, Danille St. Louis, Emily Ament, Corrin Hoffman) 4:20.46 H1

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4x800 Meter Relay

1 St. Thomas (Jenny Borofka, Brigid Power, Mollie Hupp, Teresa Smock) 9:20.45
Christenson track record

2 St. Olaf (Marit Grorud, Larisa Nordstrom, Kari Koos, Megan Daymont) 9:30.14
Bettters old Christenson track record

3 Gustavus Adolphus (Jen Skalko, Mollie Lager, Ashley Farbo, Jamie Bacigalupo) 9:37.07
Bettters old Christenson track record

4 Carleton (Elizabeth Cassel, Laura hudson, Kristin O'Connell, Kristi Colbenson) 9:39.01
Bettters old Christenson track record

5 St. Catherine (Melanie Priebe, Emily Liddiard, Anne Sikorra, Jill Ament)

9:41.59

Betters old Christenson track record

6 St. Benedict (Cindy Blendermann, Alex Radulovic, Megan Rose, Katie Aubrecht)

9:41.84

Betters old Christenson track record

7 Macalester (Koby Hagen, Francie Streich, Caroline Barnes, Mo Mullikin)

9:44.66

Betters old Christenson track record

8 Augsburg, Augsburg

9:45.51

Betters old Christenson track record

9 Bethel (Kristin Herman, Rachelle Peters, Trish Steele, Rachel Luhrs)

9:51.15

Betters old Christenson track record

10 Concordia (Kristine Jensen, Natalie Hanson, Julie Miller, Jen St. John)

9:52.80

Betters old Christenson track record

11 Hamline (Alaina Eckhoff, Keidra Anderson, Lindsey Conrad, Corrin Hoffman)

10:14.27

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Long Jump

Round 1, Flight 1

1 Patti Clintsman, Fr, St. Benedict	16-9 1/4 (5.11m)q
2 Christine Walsten, Jr, Hamline	16-5 1/4 (5.01m)q
3 Renee Splichal, Jr, Concordia	16-1 1/2 (4.91m)
4 Annie Knierim, Sr, Concordia	15-11 3/4 (4.87m)
5 Johanna Shreve, So, Macalester	15-11 (4.85m)
6 Karolien Bastiaens, Jr, St. Thomas	15-2 (4.62m)
7 Megan Seibel, Fr, St. Thomas	14-7 3/4 (4.46m)
8 Erin Ranta, Jr, St. Thomas	14-5 (4.39m)
Nicole Plante, So, Concordia	ND

Round 1, Flight 2

1 Kelli Tranby, Concordia	17-6 3/4 (5.35m)q
2 Theresa Meath, Fr, St. Thomas	17-0 1/2 (5.19m)q
3 Jill Ylonen, Sr, St. Thomas	16-10 3/4 (5.15m)q
4 Heidi Vogel, Sr, St. Thomas	16-9 3/4 (5.12m)q
4 Kristal Grigsby, Fr, St. Thomas	16-9 3/4 (5.12m)q
4 Andretta Colley, So, St. Thomas	16-9 3/4 (5.12m)q
7 Emily Tollefson, So, Concordia	15-9 3/4 (4.82m)
8 Ashley Luehmann, Fr, Saint Mary's	14-9 1/4 (4.50m)
Anne Sikorra, Sr, St. Catherine	ND

Final

1 Kelli Tranby, Concordia	17-6 3/4 (5.35m)
2 Jill Ylonen, Sr, St. Thomas	17-1 1/4 (5.21m)
3 Theresa Meath, Fr, St. Thomas	17-0 1/2 (5.19m)
4 Kristal Grigsby, Fr, St. Thomas	16-10 3/4 (5.15m)
5 Heidi Vogel, Sr, St. Thomas	16-9 3/4 (5.12m)
6 Andretta Colley, So, St. Thomas	16-9 3/4 (5.12m)
7 Patti Clintsman, Fr, St. Benedict	16-9 1/4 (5.11m)
8 Christine Walsten, Jr, Hamline	16-5 1/4 (5.01m)

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Triple Jump

Round 1, Flight 1

1 Christine Walsten, Jr, Hamline	34-3 1/2 (10.45m)q
2 Kristina Granger, Fr, St. Benedict	33-11 1/4 (10.34m)q
3 Brandy Fouts, So, St. Olaf	33-6 1/2 (10.22m)q

4 Ellie Lewis, Sr, Macalester 33-3 1/4 (10.14m)
5 Emily Beyer, So, St. Benedict 33-2 1/2 (10.12m)
6 Cori Quade, Sr, St. Catherine 32-6 1/2 (9.92m)
7 Marla Nelson, Fr, St. Olaf 32-3 (9.83m)
8 Kari Rosenfeldt, Sr, Concordia 31-4 1/2 (9.56m)
9 Angela VanBinsbergen, So, Augsburg
31-1 1/4 (9.48m)

Round 1, Flight 2

1 Annie Knierim, Sr, Concordia 35-9 1/4 (10.90m)q
2 Kristal Grigsby, Fr, St. Thomas 35-6 (10.82m)q
3 Heidi Vogel, Sr, St. Thomas 34-6 3/4 (10.53m)q
4 Lindsey Weis, Jr, Gustavus Adolphus
33-6 3/4 (10.23m)q
5 Renee Splichal, Jr, Concordia 33-6 (10.21m)q
6 Nicole Frost, Fr, St. Catherine
33-5 1/4 (10.19m)
7 Kalee Schrupp, Fr, Gustavus Adolphus
33-0 1/4 (10.06m)
8 Megan Seibel, Fr, St. Thomas 32-2 3/4 (9.82m)
9 Ellen Graef, Jr, Gustavus Adolphus
31-10 1/4 (9.71m)

Final

1 Annie Knierim, Sr, Concordia 35-10 1/2 (10.93m)
2 Kristal Grigsby, Fr, St. Thomas
35-6 1/2 (10.83m)
3 Heidi Vogel, Sr, St. Thomas 34-6 3/4 (10.53m)
4 Christine Walsten, Jr, Hamline 34-6 1/4 (10.52m)
5 Kristina Granger, Fr, St. Benedict
33-11 1/4 (10.34m)
6 Lindsey Weis, Jr, Gustavus Adolphus
33-11 1/4 (10.34m)
7 Renee Splichal, Jr, Concordia 33-6 3/4 (10.23m)
8 Brandy Fouts, So, St. Olaf 33-6 1/2 (10.22m)

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Shot Put

Round 1, Flight 1

1 Jackie Luehmann, Jr, Gustavus Adolphus
44-8 1/4 (13.62m)q
NCAA provisional
2 Jenna Wendorff, Fr, St. Benedict
43-1 3/4 (13.15m)q
NCAA provisional
3 Laura Turner, Fr, Bethel 37-9 1/2 (11.52m)q
4 Ellen Crow, So, St. Thomas 36-11 (11.25m)q
5 Ashley Luehmann, Fr, Saint Mary's
36-3 1/2 (11.06m)
6 Ashley Dingels, So, Saint Mary's
35-5 3/4 (10.81m)
7 Heather Seiben, So, Gustavus Adolphus
33-10 1/4 (10.32m)
8 Allison Clark, Sr, St. Benedict
33-6 3/4 (10.23m)
9 Elizabeth Cleveland, Fr, Saint Mary's
30-9 3/4 (9.39m)

Round 1, Flight 2

1 Kristin Petersen, Jr, Gustavus Adolphus
39-0 1/4 (11.89m)q
2 Ali Taylor, Sr, Hamline 38-1 1/2 (11.62m)q
3 Melissa Logan, Jr, Carleton 37-5 3/4 (11.42m)q
4 Crystal Baloun, Jr, St. Thomas 37-3 1/4 (11.36m)q
5 Erica Eastley, So, Concordia 36-4 3/4 (11.09m)
6 Heidi Gruenhagen, Fr, Gustavus Adolphus
35-9 1/4 (10.90m)
7 Jennifer Hanson, Fr, St. Benedict
34-0 1/4 (10.37m)
8 Becky Martinson, Sr, Hamline 33-4 (10.16m)
9 Jess Braun, So, St. Benedict 32-0 1/4 (9.76m)

Final

1 Jackie Luehmann, Jr, Gustavus Adolphus
45-11 1/4 (14.00m)

NCAA provisional

NCAA automatic

2 Jenna Wendorff, Fr, St. Benedict	43-1 3/4 (13.15m)
NCAA provisional	
3 Kristin Petersen, Jr, Gustavus Adolphus	39-0 1/4 (11.89m)
4 Ali Taylor, Sr, Hamline	38-1 1/2 (11.62m)
5 Laura Turner, Fr, Bethel	38-1 1/4 (11.61m)
6 Melissa Logan, Jr, Carleton	37-10 1/2 (11.54m)
7 Crystal Baloun, Jr, St. Thomas	37-3 1/4 (11.36m)
8 Ellen Crow, So, St. Thomas	36-11 (11.25m)

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Discus Throw

Round 1, Flight 1

1 Jennifer Levenhagen, Jr, St. Olaf	128-1 (39.03m)q
2 Jackie Luehmann, Jr, Gustavus Adolphus	120-5 (36.70m)q
3 Lorna Wilson, So, St. Olaf	120-1 (36.60m)q
4 Melissa Logan, Jr, Carleton	119-6 (36.42m)q
5 Ashley Luehmann, Fr, Saint Mary's	116-2 (35.40m)q
6 Karla Solum, Fr, Concordia	105-1 (32.03m)
7 Jenna Wendorff, Fr, St. Benedict	100-0 (30.48m)
8 Kirsten Gulbro, Sr, Augsburg	92-1 (28.06m)
9 Rebekah Hoback, Jr, Concordia	74-10 1/2 (22.82m)

Round 1, Flight 2

1 Kristin Petersen, Jr, Gustavus Adolphus	132-2 (40.29m)q
2 Mariah Mougey, Sr, Concordia	123-8 (37.69m)q
3 Lisa Eidenschink, Sr, St. Olaf	111-3 (33.90m)q
4 Crystal Baloun, Jr, St. Thomas	107-0 (32.61m)
5 Erica Eastley, So, Concordia	104-9 (31.92m)
6 Becky Martinson, Sr, Hamline	102-2 (31.15m)
7 Nicole Irvin, So, Concordia	101-6 (30.95m)
8 Becki Madvig, Sr, Bethel	97-0 (29.56m)
9 Laura Turner, Fr, Bethel	95-8 (29.15m)

Final

1 Kristin Petersen, Jr, Gustavus Adolphus	145-1 (44.22m)
NCAA provisional	
2 Jackie Luehmann, Jr, Gustavus Adolphus	133-3 (40.61m)
3 Jennifer Levenhagen, Jr, St. Olaf	128-1 (39.03m)
4 Mariah Mougey, Sr, Concordia	124-8 (38.01m)
5 Lorna Wilson, So, St. Olaf	120-1 (36.60m)
6 Melissa Logan, Jr, Carleton	119-6 (36.42m)
7 Ashley Luehmann, Fr, Saint Mary's	116-2 (35.40m)
8 Lisa Eidenschink, Sr, St. Olaf	113-2 (34.50m)

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Hammer Throw

Round 1, Flight 1

1 Mariah Mougey, Sr, Concordia	159-1 (48.49m)q
NCAA provisional	
2 Ali Taylor, Sr, Hamline	150-0 (45.72m)q
NCAA provisional	
3 Heather Seiben, So, Gustavus Adolphus	137-4 (41.85m)q
4 Julie Mareck, Sr, St. Catherine	136-7 (41.64m)q
5 Becky Martinson, Sr, Hamline	134-8 (41.04m)q
6 Jackie Luehmann, Jr, Gustavus Adolphus	132-9 (40.46m)q
7 Kate Otreмба, Sr, St. Benedict	126-8 (38.61m)q
8 Emily Uzzell, Sr, St. Olaf	108-0 (32.93m)
Jenna Wendorff, Fr, St. Benedict	ND

Round 1, Flight 2

1 Crystal Baloun, Jr, St. Thomas	127-9 (38.95m)q
2 Lorna Wilson, So, St. Olaf	120-3 (36.65m)
3 Nicole Irvin, So, Concordia	119-8 (36.47m)
4 Kirsten Gulbro, Sr, Augsburg	118-1 (35.99m)

4	Becki Madvig, Sr, Bethel	118-1	(35.99m)
6	Melissa Logan, Jr, Carleton	117-3	(35.75m)
7	Kristin Petersen, Jr, Gustavus Adolphus	113-11	(34.72m)
8	Erica Eastley, So, Concordia	111-6	(33.98m)
9	Elizabeth Cleveland, Fr, Saint Mary's	111-5	(33.96m)

Final

1	Mariah Mougey, Sr, Concordia	159-1	(48.49m)
	NCAA provisional		
2	Ali Taylor, Sr, Hamline	150-0	(45.72m)
	NCAA provisional		
3	Jackie Luehmann, Jr, Gustavus Adolphus	138-8	(42.27m)
4	Heather Seiben, So, Gustavus Adolphus	137-4	(41.85m)
5	Julie Mareck, Sr, St. Catherine	136-7	(41.64m)
6	Becky Martinson, Sr, Hamline	134-8	(41.04m)
7	Crystal Baloun, Jr, St. Thomas	127-9	(38.95m)
8	Kate Otreмба, Sr, St. Benedict	126-8	(38.61m)

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Javelin Throw

Round 1, Flight 1

1	Ashley Luehmann, Fr, Saint Mary's	111-2	(33.89m)q
2	Kristi Colbenson, So, Carleton	106-3	(32.40m)q
3	Lisa Ostenson, Fr, Macalester	102-1	(31.12m)q
4	Ashley Dingels, So, Saint Mary's	94-1	(28.68m)
5	Rhiannon Grimm, So, Concordia	93-6	(28.49m)
6	Meghan Orgeman, Fr, St. Benedict	90-11	(27.72m)
7	Kim Davis, Sr, Carleton	90-10	(27.68m)
8	Jess Braun, So, St. Benedict	74-5 3/4	(22.70m)
	Lindsay Kuznia, Fr, Concordia	ND	

Round 1, Flight 2

1	Nicole Plante, So, Concordia	114-2	(34.79m)q
2	Erika Wetzal, Fr, St. Thomas	110-4	(33.64m)q
3	Katie Reynolds, Sr, St. Thomas	110-3	(33.61m)q
4	Stacy Heiling, Sr, Hamline	108-0	(32.93m)q
5	Jennifer Levenhagen, Jr, St. Olaf	107-7	(32.79m)q
6	Erica Eastley, So, Concordia	101-11	(31.06m)
7	Becky Martinson, Sr, Hamline	88-6	(26.97m)
8	Lizzy Erickson, So, Carleton	87-7	(26.69m)
	Calli Peotter, So, St. Thomas	ND	

Final

1	Nicole Plante, So, Concordia	123-6	(37.65m)
2	Kristi Colbenson, So, Carleton	116-11	(35.64m)
3	Ashley Luehmann, Fr, Saint Mary's	114-11	(35.02m)
4	Erika Wetzal, Fr, St. Thomas	110-4	(33.64m)
5	Katie Reynolds, Sr, St. Thomas	110-3	(33.61m)
6	Stacy Heiling, Sr, Hamline	108-0	(32.93m)
7	Jennifer Levenhagen, Jr, St. Olaf	107-7	(32.79m)
8	Lisa Ostenson, Fr, Macalester	102-1	(31.12m)

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High Jump

1	Danille St. Louis, So, Hamline	5-3 3/4	(1.62m)
2	Ashley Dingels, So, Saint Mary's	5-3 3/4	(1.62m)
3	Lindsey Weis, Jr, Gustavus Adolphus	5-3 3/4	(1.62m)
4	Julia Lippit, So, Carleton	5-1 3/4	(1.57m)
5	Kim Davis, Sr, Carleton	5-1 3/4	(1.57m)
6	Kristal Grigsby, Fr, St. Thomas	4-11 3/4	(1.52m)
6	Trish Steele, So, Bethel	4-11 3/4	(1.52m)
8	Anne Sikorra, Sr, St. Catherine	4-11 3/4	(1.52m)
9	Jenna Martin, Fr, St. Catherine	4-11 3/4	(1.52m)
10	Ellie Lewis, Sr, Macalester	4-9 3/4	(1.47m)

11 Krista Mateffy, Fr, St. Benedict 4-9 3/4 (1.47m)
11 Michelle Steadman, So, Gustavus Adolphus 4-9 3/4 (1.47m)
13 Breanne Miller, Fr, Hamline 4-9 3/4 (1.47m)
13 Megan Mason, Fr, Saint Mary's 4-9 3/4 (1.47m)
13 Heather Berscheit, So, St. Benedict 4-9 3/4 (1.47m)
Meghan Orgeman, Fr, St. Benedict NH

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Pole Vault

1 Karolien Bastiaens, Jr, St. Thomas 12-5 1/4 (3.79m)
NCAA provisional
Meet record
NCAA automatic
Christenson track record
2 Anne Sikorra, Sr, St. Catherine 11-4 1/4 (3.46m)
NCAA provisional
3 Shannon Martin, Jr, Gustavus Adolphus 11-0 1/4 (3.36m)
NCAA provisional
4 Christie Thames, Jr, St. Thomas 10-8 1/4 (3.26m)
5 Marla Nelson, Fr, St. Olaf 10-4 1/4 (3.16m)
5 Megan Mason, Fr, Saint Mary's 10-4 1/4 (3.16m)
7 Elizabeth Ghandour, Fr, St. Olaf 10-4 1/4 (3.16m)
8 Maria Wilkes, Fr, St. Benedict 10-4 1/4 (3.16m)
9 Heather Berscheit, So, St. Benedict 10-4 1/4 (3.16m)
9 Kristi Schneider, So, Gustavus Adolphus 10-4 1/4 (3.16m)
11 Lindsay Kuznia, Fr, Concordia 10-4 1/4 (3.16m)
12 Sarah Margoles, Jr, Carleton 10-0 1/2 (3.06m)
13 Renee Splichal, Jr, Concordia 10-0 1/2 (3.06m)
14 Natalie Hanson, Fr, Concordia 9-6 1/2 (2.91m)
15 Emily Hall, So, Concordia 9-0 1/2 (2.76m)
Karla Solum, Fr, Concordia NH

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Heptathlon

1 Ashley Dingels, So, Saint Mary's 4641
NCAA provisional
Meet record
NCAA automatic
2 Kim Davis, Sr, Carleton 4523
NCAA provisional
NCAA automatic
3 Kristi Colbenson, So, Carleton 4375
NCAA provisional
4 Nicole Plante, So, Concordia 4250
NCAA provisional
5 Anne Sikorra, Sr, St. Catherine 4212
NCAA provisional
6 Rebecca Peterson, Jr, St. Olaf 4139
NCAA provisional
7 Meghan Orgeman, Fr, St. Benedict 4030
8 Jill Ament, Jr, St. Catherine 3792
9 Renee Splichal, Jr, Concordia 3764
10 Trish Steele, So, Bethel 3631
11 Caitlin Coomes, So, Carleton 3570
12 Tiffany Trost, So, St. Benedict 3351
13 Heather Berscheit, So, St. Benedict 3012
14 Megan Mason, Fr, Saint Mary's 2897

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4x100 Meter Runoff

1 Hamline (Stacy Heiling, Danille St.
Louis, Ali Taylor, Christine Walsten)

50.38

2 Saint Mary's (Autumn Valk, Ashley
Dingels, Jenny Folgers, Ashley Luehmann)

51.09

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